

Candy Bones Theatre: IDEAS BOBERT (Interarts Physical Theatre)



KNOW

About the Artist



Candice Roberts is a 5th generation European-Canadian settler based in Vancouver, BC as a guest in unceded Skwxwú7mesh (Squamish), Səlilwətał (Tsleil- Waututh), and xʷməθkʷəyəm (Musqueam) territories. She is a comedy artist, dancer and creative coach and has been making art for as long as she can remember. Candice is passionate about creativity and mental health and the connection between healthy communities and self expression. Candy Bones Theatre is dedicated to creating and sharing innovative and original inter-arts theatre works of artistic excellence.

About the Performance

In this 45 minute solo theatre show, Candice explores tap-dance, clown (physical theatre), puppetry and stop-motion projections to tell the heartfelt story of Ideas Bobert who is learning the importance of listening to his own heart. Audience members are called on to help affirm Bobert's silly and complicated solutions to his mundane problems and a couple of volunteers are invited on stage to be a part of the story. Tech: 40 minutes access to gymnasium or stage for set up and the ability to turn lights out (or down) for projections. candy-bones.com

About the Art Form

Dance, theatre and puppetry have been used for hundreds of years to captivate audiences and express an idea or a story, however it is a fairly modern concept to mix media and art modalities to create multimedia interdisciplinary works. Puppetry gives voice to surprising characters and offers a creative approach to expressing a different side of a story. Stop motion animation takes this a step further where objects can appear to move by themselves. Music and Rhythm are used to draw emotion and express feelings. Central themes to Ideas Bobert are creative thinking and how self expression supports mental health. What are the ways in which we practice self love, self-care and self awareness? In Ideas Bobert, this is the metaphor of listening to our hearts. What are the many ways besides, but as well as, using words in which we can express our feelings? How can we bring an idea to form through creative problem solving and outside of the box thinking?

Links to Curriculum

Music- History; What is that big machine? (it is a record player playing 1920's ragtime piano!!!!) How does different music make us feel or move? ie; sad cello, happy piano, excited drums.

Social Health- Self awareness, self expression and the importance of creative thinking in building confidence and identity. **What makes us feel heard and understood?**

Physical Education- The different ways to find delight in exercise and movement (not just sports!)

Pre-Performance Discussion Questions

What makes an interdisciplinary artist? Have you ever studied dance? What kind? Does anyone know what stop-motion animation is? Has anyone ever tried puppeteering? What does self-love, self-care and self awareness mean to you?

Post-Performance Activities

Alternative uses game: The teacher holds up an everyday item and the students brainstorm as many possible uses for the item. (ie: A spatula can be a back scratcher, paint scraper, a reacher, a bug splatter.. etc) This game is fun and practices divergent thinking.) Ideas: Broom, cooking pot, a book

The Scribble Game: In pairs; each person makes a scribble on a piece of paper then exchanges it with their partner. They then have 3 minutes to turn that scribble into an image. An exercise in practicing perspective.

Everyday Object Theatre: Have the students form groups of 3 or 4. Ask them to each find common objects from the room (such as a pencil, a cup a piece of paper) to "puppet". Give them 10 minutes to create small plays to share with the class. Exercises perspective, creative thinking and impulse trust!

• Please email me at candybonestheatre@gmail.com for a variety of theatre games in listening and trusting impulse.

Post-Performance Discussion Questions

What art forms were used in IDEAS BOBERT? What kind of skill training or practice do you think went into this performance? What are the ways we are creative everyday? (dressing, eating, daily choices) What are ways we can we look at a "problem" from a different perspective? Why is it important to try new things and be open to new possibilities? Why is risking failure important?

WONDER

LEARN

Learn more about this artist online at artstarts.com/aotd